

Explore random (and not-so-random) acts of kindness:

1. **Sign up to donate blood.**
2. **Hold a door open for someone.**
3. **Donate \$10 to a charity you believe in.**
4. **Take time to leave a positive review for a local restaurant you love.**
5. **Take bystander intervention training.**
6. **Write a thank you note to someone who has inspired you to make a positive difference.**
7. **Donate household items to our local good will.**
8. **Find a Little Free Pantry or Free Fridge in your community and drop off some food.**
9. **Give an extra generous tip.**
10. **Pick up one piece of litter and throw it away.**
11. **Let someone go first in line.**
12. **Give a teacher a thank you gift.**
13. **Go on a litter walk to clean up your neighborhood.** (And buy yourself a simple litter pickup kit so you can do it even more often!)
14. **Give out flowers to strangers on the street.**
15. **Tell an author you loved reading their book.** They'll be easy to get in touch with via Twitter or Instagram, and it'll make their day!
16. **Leave short poems or uplifting notes on people's cars.**
17. **Find a Little Free Library in your community and drop off some books.**
18. **Sign up to become an organ donor.**
19. **Offer to buy coffee for the person behind you in line.**
20. **Give a compliment to a stranger.**
21. **Cook a double portion of your next meal and offer it to a neighbor or a friend so they don't have to cook.**